

# Yoga with Meredith



Two Fridays: 2/8 & 2/15 @ 10:15



Join us for a 45 minute adventure into  
storytelling and yoga.

With basic stretches, breathing activities,  
music, games, we will bring a story to life with yoga.

Don't forget to bring comfy movement clothes and a smile!

Designed for ages 3 - 5 years with a caregiver.

No registration necessary.

Boston Bruins Pajama Drive!

Donate new PJs here

February 1 - March 15

See flyer for details.



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