

# Yoga with Meredith



Friday, June 21 @ 10:15 a.m.



Join us for a 45 minute adventure into  
storytelling and yoga.

With basic stretches, breathing activities,  
music & games, we will bring a story to life with yoga.  
Don't forget to bring comfy movement clothes and a smile!

Designed for ages 3 - 5 years with a caregiver.

Offered at no charge.

No registration necessary.

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