

Martial Arts Self Defense

Join Tashi Deb, a fifth degree black belt, from Mark Warner's Professional Martial Art's Academy for this demonstration and participation opportunity.

Monday, July 18



Ages 6 to 8 at 2:00 p.m.



Ages 9 to 11 at 3:00 p.m.



Ages 12 & up at 4:00 p.m.

This program is open to public and offered free of charge.

No registration is necessary



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