



Yoga with Meredith

Friday, February 14

10:15 a.m.



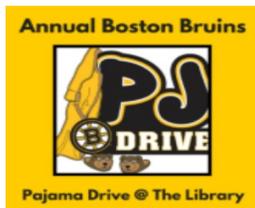
Join us for a 45-minute adventure into storytelling & yoga!
With basic stretches, breathing activities, music & games,
we will bring a story to life with yoga.

Don't forget to bring comfy movement clothes and a smile!

Designed for ages 3-5 years, with a caregiver.

Offered at no charge.

No registration necessary.



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